



New Patient Intake

Name: _____ Today's Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Telephone: () _____ - _____ Work: () _____ - _____ Cell: () _____ - _____

For text messages reminders. Who is you cell phone carrier? _____

Email Address: _____ Social Security Number: _____

Birth Date: _____ Age: _____ Marital Status: _____ Spouse's name: _____

Are you or your spouse an Active member/ Veteran of the Military: Yes / No

Occupation: _____ Employer Name: _____

Insurance: Primary _____ Secondary _____ Do you have one of the following? HSA/Flex

Number of children and ages: _____

Name & Number of Emergency Contact: _____ Relationship: _____

Primary Insurance Beneficiary: Self / Spouse / Parent Name: _____ DOB: _____

Have you seen a chiropractor before? Yes / No If yes, when? _____

Whom may we thank for referring you to our office? _____

YOUR HEALTH HISTORY

Main complaint: _____

List any medications you are taking: _____

List any previous surgeries: _____

Have you been in a car accident recently? Yes / No If so, when? _____

This office conforms to the current HIPAA guidelines. You may request a copy of our HIPAA policy at the front desk. Please initial to indicate you have been made aware of its availability: _____

The statements made on this form are accurate to the best of my recollection and I agree to allow this office to examine me for further evaluation.

Patient Signature: _____ Date: _____

Guardian Signature: _____ Date: _____

Office Use only. Patient ID: _____

Functional Rating Index

Regarding your MAIN COMPLAINT.

In order to properly assess your condition, we must understand how much your main complaint has affected your ability to manage everyday activities.

For each of the items below, please circle the one choice which most closely describes your condition right now.

Pain Intensity

- 0) No pain
- 1) Mild pain
- 2) Moderate pain
- 3) Severe pain
- 4) Worst possible pain

Recreation

- 0) No pain
- 1) Mild pain
- 2) Moderate pain
- 3) Severe pain
- 4) Worst possible pain

Sleeping

- 0) Perfect sleep
- 1) Mildly disturbed sleep
- 2) Moderately disturbed sleep
- 3) Greatly disturbed sleep
- 4) Totally disturbed sleep

Frequency of Pain

- 0) No pain
- 1) Occasional pain; 25% of the day
- 2) Intermittent pain; 50% of the day
- 3) Frequent pain; 75% of the day
- 4) Constant pain; 100% of the day

Personal Care (washing, dressing, etc.)

- 0) No pain, No restrictions
- 1) Mild pain, No restrictions
- 2) Moderate pain; Need to go Slowly
- 3) Moderate pain; Need some Assistance
- 4) Severe pain; Need 100% Assistance

Lifting

- 0) No pain with heavy weight
- 1) Increased pain with heavy weight
- 2) Increased pain with moderate weight
- 3) Increased pain with light weight
- 4) Increased pain with any weight

Travel (driving, etc.)

- 0) No pain on long trips
- 1) Mild pain on long trips
- 2) Moderate pain on long trips
- 3) Moderate pain on short trips
- 4) Severe pain on short trips

Walking

- 0) No pain with any distance
- 1) Increased pain after 1 mile
- 2) Increased pain after ½ mile
- 3) Increased pain after ¼ mile
- 4) Increased pain with all walking

Work

- 0) Can do usual work plus unlimited extra work
- 1) Can do usual work, no extra work
- 2) Can do 50% of usual work
- 3) Can do 25% of usual work
- 4) Cannot work

Standing

- 0) No pain after several hours
- 1) Increased pain after several hours
- 2) Increased pain after 1 hour
- 3) Increased pain after ½ hour
- 4) Increased pain with any standing

Patient Name: _____

Signature: _____

Date: _____

For Office Use Only:

Patient ID: _____

Total Score: _____

ACTIVITIES OF LIFE

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITIES:	EFFECT:			
Carry Children/Groceries	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sit to Stand	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Climb Stairs	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Pet Care	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Extended Computer Use	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Lift Children/Groceries	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Read/Concentrate	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Getting Dressed	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Shaving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sexual Activities	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sleep	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Static/Fixed Sitting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Static/Fixed Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Yard work	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Walking	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Washing/Bathing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sweeping/Vacuumping	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Dishes	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Laundry	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Garbage	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Driving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Other: _____	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform

List Prescription & Non-Prescription drugs you take: _____

Patient signature: _____ Today's Date: __/__/__

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